



Before & After Care

Waxing

Before:

Hair must be 1/4 to 1/2 inch long to allow the wax to grip the hair effectively.

Exfoliate the area 1-2 days before to remove dead skin cells.

Keep the area to be waxed clean and free from oils, lotions, or creams.

Avoid sunbathing and tanning beds for at least 24 to 48 hours before waxing.

Aftercare:

Avoid hot baths, showers, saunas and excessive sweating 24 hours after.

Avoid chlorinated pools, hot tubs, and intense workouts 24 to 48 hours after.

Avoid sun exposure for at least 48 hours after waxing.

Avoid shaving or plucking the hair between waxing sessions.

Gently cleanse the area with a mild, fragrance-free cleanser to keep it clean.

Avoid using harsh soaps or exfoliants that could irritate the skin.

Apply a soothing, alcohol-free moisturizer or aloe vera gel to hydrate and calm the skin.

