



# Before & After Care

## Lash Lift / Lash Tint

### Before:

Refrain from wearing mascara or any other eye makeup on the day.

Remove contact lenses before the treatment to ensure comfort and safety.

Make sure your lashes are clean and free from any oils, makeup, or residue.

Avoid caffeine on the day if possible to avoid twitchy eyes and sensitivity.

### Aftercare:

Avoid water excessive humidity for at least 24-48 hours after the procedure.

Be gentle and avoid rubbing or touching your lashes excessively.

Avoid mascara and oil-based products for the first 24-48 hours after the treatment.

Use oil-free makeup removers.

Avoid saunas and swimming for the first 24-48 hours after the treatment.

For Lash Lifts, brush your lashes with a clean spoolie wand.

Optional: For Lash Lifts, use a lash conditioner to promote lash health and nourishment.

